



“It was good to be away but it’s good to be home again,” is a sentiment we’ve all heard. Perhaps you’ve experienced the feeling. There’s a longing in most of us for the familiar and regular rhythms after a time of vacation or otherwise being out of routine. We feel secure and settled, we feel at home, when we strike an appropriate balance between being on the go and relaxing, work and rest, activity with others and time alone. Like the soothing lapping of waves, our souls find rest in rhythms.

Learning to cease busy-ness in order to enjoy the gift of peace and rest is a life-long pursuit. Healthy engagement in learning, labouring, and living necessitates not only adequate times of input and output but also times of reflection. Too often we get stuck resenting the relentless, entrenched posture of our lives. We frequently fail to pull away for meaningful contemplation.

What are the rhythms of inhale and exhale in your life? Have you considered the intentional means by which you recalibrate?

As a community of people from Camrose and area we engage in various activities to participate in and promote life-giving rhythms. Being intentional about the focus of our lives is frequently part of the conversation as we gather at Resurrection Church. When we get together, whether in small group activities or large group events, we spur each other on to renew our perspective on ourselves and our relationships. We engage God’s Word as the benchmark for our recalibration.

We would be very glad for you to join us as we establish and practice rhythms that bring peace, joy and fulfillment to our lives. Page through this booklet to learn about the opportunities and activities available at Resurrection Church. You are invited to join any of these events.

Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life.

- Matthew 11:28 (The Message)

the community



JOIN US FOR WORSHIP

Sunday mornings at 9:00 and 11:00am

5601 Enevold Drive
Camrose, AB

Livestream available on the
Resurrection Lutheran Brethren Church
YouTube channel



GET CONNECTED

There are a great variety of ways for you to join in activities at Resurrection and gatherings we host in the community. Find things to do within your demographic, or connect with others through church-wide events. Discover the wide array of events in this booklet.

SMALL GROUPS

**MEETING IN HOMES - VARIOUS TIMES,
PLACES & FORMATS**

There are opportunities to pull together with others in genuine relationship. Activities include study of Scripture, discussion and encouraging one another in the challenges of daily life.

ONLINE PLATFORMS

The most up-to-date info is on
Church Center:

- through the app
- online



www.rezchurch.ca

- has a variety of information about who we are and what we do
- has links to the online services
- has a digital version of the current bulletin

events



EVENTS FOR PARENTS



COFFEE & PLAY GROUP

STARTING TUESDAY, OCTOBER 3RD, 10:30AM-12:00PM

Join other parents with preschool or infant children as they gather once a week for connection.

Provide space for your children to interact and play, while you have opportunity to enjoy coffee and discuss challenges of parenthood with those who "get it." Sharing one another's burdens is the intention of the group.

Check Rez Mom's Group on Facebook or Church Center to stay up-to-date.

SERVING EVENTS

HYMN SING AT SEASONS RETIREMENT COMMUNITY

EVERY OTHER WEEK THURSDAY AFTERNOON

Join a team of people to provide residents with an opportunity to worship through song.

MARTHA'S TABLE

WEDNESDAY NOON (A ONE-MONTH COMMITMENT)

Join a team to serve soup and sandwiches to members of the Camrose community struggling with food security. This is a collaborative effort with other churches and is administered by *Camrose NeighborAid*.



Serving Opportunities

Whether helping out with property care, preparing meals for people going through a difficult situation, or joining the visitation and care team -- there are opportunities aplenty in which to share the gifts you have been given.

EVENTS FOR KIDS

NURSERY: AGES 0-3

Childcare is provided during the 11:00AM worship service each Sunday.

Nursery leaders and helpers provide a space for children to engage with books, toys and peer socialization, enabling parents to remain in the sanctuary to participate in Sunday worship.

It is helpful if children are pre-registered in the ChurchCenter App prior to attending.



REZ KIDS: AGES 4-11

(PRE-K - GRADE 6)

Sundays 11:15AM-12:00PM
(except for Communion Sundays)

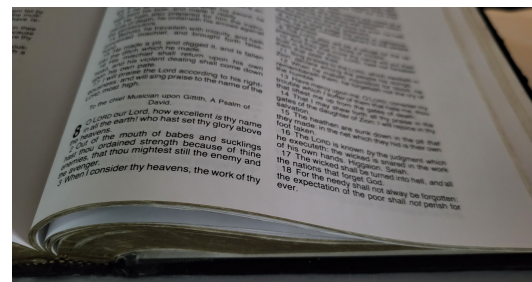
Children learn and worship through songs, crafts, videos and more!

SUNDAY SCHOOL AGES 4-11

(PRE-K - GRADE 6)

Sundays 10:00AM-11:00AM

A deep dive into scripture to grow children's faith and knowledge of the Bible.



Special Events

Children are invited to participate in several events throughout the year including: Trunk or Treat (Oct. 31), Christmas Concert, Family Fun Days, Easter Egg Hunt and VBS Summer Day Camp.

EVENTS FOR YOUTH



WEEKLY YOUTH GROUP GAMES, ACTIVITIES AND BIBLE LEARNING TIME

Designed to lead youth to live a life dedicated to Christ in an environment in which they can make friends, learn and have fun while growing in relationship with God.

Ages 10-13 (Gr 4-6)
Thursdays 6:30-8:30PM bi-weekly

Ages 13-18 (Gr 7-12)
Tuesdays 7:00-9:00PM weekly



FOUNDATIONS OF THE CHRISTIAN FAITH EVERY SUNDAY AT 10:00AM

Basic doctrines of the Christian faith are studied in a manner suitable for young teenagers. Learn more about the 10 Commandments, the Lord's Prayer, the creeds Christians confess and topics such as baptism and communion. All topics get covered over a two-year rotation.

Call the office to get in touch with Mackenzie or Pastor Greg for more information.

SPECIAL EVENTS

There are a variety of special events that happen outside of regular youth nights. These include things such as:

ski trip, movie night, seasonal parties, collaborations with other youth groups, community outreach, outdoor activities, field trips, campout,

... there's always something to anticipate!



more events for you



GRACE//TRUTH STUDY

EVERY OTHER WEEK STARTING TUESDAY OCTOBER 17TH
FROM 7:00-9:00PM

A study including video and discussion to better understand how a biblical and theological worldview shapes how a person embodies the love of Christ in matters of faith, sexuality and gender.

YOUNG ADULTS

WEDNESDAYS 6:00-9:30PM

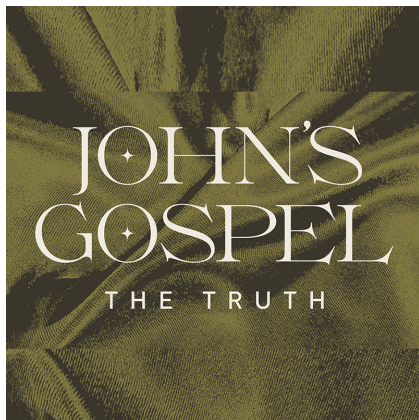
Join 18 – 30+ year-olds for supper followed by an evening of conversation, Bible study and prayer. Meeting within a home. Call the church office 780.672.0909 and ask for Pastor Greg's contact info to get the lowdown.

MEN'S EVENTS

THURSDAYS 11:00AM-1:30PM

Lunch, Bible study and spurring on. Please contact the church office to get in touch with Tim, Len, or Dennis for more information.

Social events and activities are regularly planned. Please indicate at Rez Reception if you would like to receive email notifications of plans as they are organized.



A WOMEN'S STUDY

MONDAYS 9:30AM OR 7:00PM
ONLINE OPTION AVAILABLE

We are excited to invite all women to examine Jesus's claims for your own life in John's Gospel: The Truth, provided through Bible Study Fellowship.

Discussion groups are available in person or online.

Contact the church office to register, or to ask Dena's contact information for further details.

ADDICTIONS RECOVERY FOR MEN

THURSDAYS @ 7:00PM

A safe environment for accountability and opportunity to build authentic relationship. Weekly discussions and prayer for one another as we address our hurts, hang-ups and habits based on biblical truths.

FREEDOM SESSION

ONCE PER WEEK 7:00-9:00PM

A 20-week program where participants explore and find freedom from the past:

- pain they have experienced
- pain they have caused
- resentment, guilt shame

More info at: www.freedomsession.com

A new group will be available in 2024.

Details will be available as specific plans are made.

DEALING WITH LOSS GRIEF SHARE

WEDNESDAYS 10:30AM-12:00PM

A support group for those who are processing losses they have experienced. Join with others in the journey from mourning to joy.

13 Sessions; October – January
Contact Pastor Jeremy for more information.



Register on the Church Center app or contact the office to get in touch with Guy and Jeaninne for more information.

LADIES' COFFEE CONNECT

THIRD WEDNESDAY OF THE MONTH

A casual drop-in time for some fellowship. Meet at the west-end Tim Horton's 2:00 - 3:30pm.

WOMEN'S ONE-DAY EVENT

MARCH 16, 2024

Join other women for a day of teaching with Gretchen Ronnevik, author of *Ragged*.

Learn more about Gretchen at

www.gretchenronnevik.com

Further details about this event will be announced as they become available.



PRAYER

DEVOTIONS & PRAYER GROUP
WEDNESDAYS 9:00AM

Join Resurrection pastors and a group of people committed to hear from God's Word, praise the Lord together and join in prayer for needs within the church family, the Camrose community and globally.

MEMBERSHIP CLASSES

EVERY OTHER WEEK STARTING TUESDAY
OCT 24 FROM 7:00-8:30PM

Curious to know more about Resurrection church's history, its pillars and its purpose in Camrose? You are encouraged to attend a series of five sessions to learn more.



OPERATION CHRISTMAS CHILD

National Collection Week November 13-19

we'd love to connect with you

PLEASE REACH OUT TO BE PUT IN TOUCH WITH:

- a Pastor
- Youth Director
- Children's Ministry Director

Any one of these individuals would be glad to share more information about any items in this booklet.

GET IN TOUCH:

780-672-0909



info@rezchurch.ca



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